

**CITY OF NORTH ST. PAUL
PARKS AND RECREATION COMMISSION
REGULAR MEETING AGENDA
May 27, 2020
6:30 PM**

Due to the Governor's Emergency Declaration, the Mayor has determined that in-person meetings during this pandemic are not practical or safe. All meetings of the City Council and other City-governed boards and commissions will be held by telephone or other electronic means until further notice. (Minn. Stat. 13D.021)

Our upcoming meeting on May 27th will be held via Zoom. Zoom is an online platform that allows attendees to 'join' the meeting via video or telephone. The May 27th meeting can be accessed at:
<https://wsbeng.zoom.us/j/202923657?pwd=K01YK1dCYU8xRzFYZlVUU9vOGozQT09> Password: 327964
from a PC, Mac, tablet, iPhone or Android device, or by phone at Dial in (phone) info:1-929-205-6099 Meeting ID: 202 923 657, Password: 327964

- . The Parks and Recreation commission meeting will be 'open to the public' to listen in, but will be muted from contributing at all times with the exception of the open to the public forum.

Please join the meeting early to test your audio and video settings. If you join via a device and your audio is not working, you may need to use the dial-in phone number option in order to be heard.

I. CALL TO ORDER

II. ROLL CALL

**Lloyd Grachek, Chair
Laura Greenlee-Karp, Vice Chair
Larry Amsden
Tim Cole
Heather Haas
Ingrid Koller
Sue Springborn
Nancy Thorsen
Sarah Zahradka**

Ex-Officio: Open

Council Liaison: Candy Petersen

**Staff: Jill Officer
Keith Stachowski**

III. ADOPT AGENDA

IV. APPROVAL OF MINUTES

- A. Approve the April 22, 2020 regular meeting minutes**

V. MEETING OPEN TO THE PUBLIC

Note: This is a courtesy extended to persons wishing to address the Commission concerning issues that are not on the agenda. This discussion will be limited to 15 minutes.

VI. PUBLIC HEARINGS

VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

- A. Review/Discussion/Recommendation:** Outdoor Park Trail Exercise Equipment
- B. Review/Discussion/Recommendation:** Hause Park Tennis courts
- C. Review/Discussion/Recommendation:** Future Parks and Recreation Meeting Discussion
- D. Review/Discussion/Recommendation:** Silver Lake Life Guards Discussion
- E. Review/Discussion/Recommendation:** Polar Explorers Program Update
- F. Review/Discussion/Recommendation:** 2020 PRC Goals
- G. Review/Discussion/Recommendation:** 2020 Park Improvement Plan Update
- H. Review/Discussion/Recommendation:** Summer Concert update
- I. Review/Discussion/Recommendation:** Purchase of Silver Lake Tennis court benches

VIII. REPORTS FROM STAFF

- A. Review/Discussion:** Budget Update – April
- B. Review/Discussion:** Reopening of City Park Play Equipment
- C. Review/Discussion:** Silver Lake Trail Completion
- D. Review/Discussion:** Silver Lake Tennis Court Resurfacing
- E. Review/Discussion:** Casey Lake Park Building Update
- F. Review/Discussion:** Silver Lake Earth Day Clean-up event update

IX. REPORTS FROM COMMISSIONERS & PARK LIAISONS

- A. Review/Discussion:**

X. ADJOURNMENT

Next meeting: June 24, 2020 – City Hall Sandberg Room

**CITY OF NORTH ST. PAUL
PARKS AND RECREATION COMMISSION
REGULAR MEETING AGENDA
April 22, 2020
6:30 PM**

The April 22, 2020 meeting was held via Zoom and complied
with all requirements of Minnesota State Statute 13D.021.

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Our upcoming meeting on April 22nd will be held via Zoom. Zoom is an online platform that allows attendees to 'join' the meeting via video or telephone. The April 22nd meeting can be accessed at:
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Please join the meeting early to test your audio and video settings. If you join via a device and your audio is not working, you may need to use the dial-in phone number option in order to be heard.

I. CALL TO ORDER

Keith Stachowski called the meeting to order at 6:30 p.m.

II. ROLL CALL

Lloyd Grachek, Chair
Laura Greenlee-Karp, Vice Chair
Larry Amsden
Tim Cole
Heather Haas
Ingrid Koller
Sue Springborn
Nancy Thorsen
Sarah Zahradka

Ex-Officio: Open

Council Liaison: Candy Petersen- (absent)

Staff: Jill Officer
Keith Stachowski

III. ADOPT AGENDA

On motion by Commissioner Haas, seconded by Commissioner Zaharadka with all present voting aye, motion carried to adopt the agenda.

IV. APPROVAL OF MINUTES

A. Approve the February 26, 2020 regular meeting minutes

On motion by Commissioner Greenlee-Karp, seconded by Commissioner Koller with all present voting aye, motion carried to approve the February 26th meeting minutes.

V. MEETING OPEN TO THE PUBLIC

Note: This is a courtesy extended to persons wishing to address the Commission concerning issues that are not on the agenda. This discussion will be limited to 15 minutes.

VI. PUBLIC HEARINGS

VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

- A. Review/Discussion/Recommendation:** Explorers Program Planning-Commissioner Greenlee-Karp spoke about registration opening May 1st so programs are include in catalog. June will possibly be canceled, program days reduced from 6 days to 4 days, occurring every other week. Possible virtual program with supply pick up, and/or adjusting the days further in to summer based on the Governor's recommendations for gatherings.
- B. Review/Discussion/Recommendation:** Silver Lake Life Guards Discussion- waiting to make decisions on lifeguards. With 1/3 of the income gone due to the cancellation of the Splash fundraiser, options are to maybe scale back hours, days, or start later in the season. The YMCA is still interested in having lifeguards at the beach.
- C. Review/Discussion/Recommendation:** 2020 PRC Goals-Contractors / city staff are out at Casey Lake working on sound control and protective wall covering
- D. Review/Discussion/Recommendation:** 2020 Park Improvement Plan Update -Silver Lake clean up during week of April 17th-24th. Individuals take bags and gloves at leisure. City is aware of the work to be done on the bridge down at Casey Lake and arranging to do that work in house.

VIII. REPORTS FROM STAFF

- A. Review/Discussion:** Budget Update – February / March -Some revenue lost due to required park building rental closures.
- B. Review/Discussion:** Cancellation of 2020 Spring Events / Play Equipment closures- March and April event dates canceled, including Easter Egg hunt. All parks and playground equipment are closed, wrapped in yellow tape.
- C. Review/Discussion:** Future Parks and Recreation meeting Discussion -PRC meetings will continue to use the Zoom format for now.
- D. Review/Discussion:** Southwood Nature Preserve February Meeting Notes -New signs informing users about leashing and picking up after their pet have been ordered and will be posted at Southwood Preserve at 5 entrances. Individual weeding will be going on all summer, no organized dates.

IX. REPORTS FROM COMMISSIONERS & PARK LIAISONS

- A. Review/Discussion: Food truck night** – Commissioner Thorsen inquired about postponement- still on schedule for July, same vendors with a couple new. Candyland also coming.

- B. Review/Discussion: Silver Lake path/courts-** Commissioner Koller inquired about the path being done, the tennis courts being locked and suggested signage stating reason why courts are locked. Resurfacing of courts planned for June.
- C. Review/Discussion: Concert in the Park** – Commissioner Haas inquired about canceling the June 18th date. Keith to contact music group to discuss.
- D. Review/Discussion: park opening-** Commissioner Zahradka requested an email be sent to the committee when PRC item dates change/update.
- E. Review/Discussion: tagging in parks** – several spoke of the tagging on the park equipment. Public works is taking care of it as they are made aware.

X. ADJOURNMENT

On motion by Commissioner Zahradka, seconded by Commissioner Thorsen with all present voting aye, motion carried to adjourn.

Next meeting: May 27, 2020 – online meeting format via Zoom.

Agenda Information Memorandum
North St. Paul Parks and Recreation Commission
May 27, 2020

VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

A. Outdoor Park Trail Exercise Equipment

ACTIONS TO BE CONSIDERED

Discuss the benefits of Outdoor Exercise Equipment

FACTS

ATTACHMENTS

Outdoor adult fitness parks summary



OUTDOOR ADULT FITNESS PARKS

Best Practice Guidelines

Best Practices for Promoting Community Health by Increasing Physical Activity

The purpose of the *Outdoor Adult Fitness Parks* guidebook is to inspire communities to advocate for and utilize Outdoor Adult Fitness Parks as critical health solutions for increasing physical activity and social engagement. PlayCore, along with a variety of industry professionals, fitness experts, organizational advocates, and local champions across a variety of communities, offers an educational and design resource to help promote community health and capital through innovative outdoor fitness settings.

Partnership Advisory Network:



Michael Suk,
M.D., J.D.

Chairman of
Orthopaedic Surgery,
Geisinger Health
System, Danville, PA



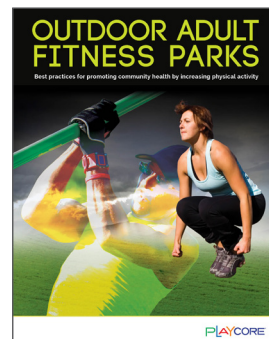
Gary Liguori,
Ph.D.

Dean of the College
of Health and
Sciences, University
of Rhode Island



Thom McKenzie,
Ph.D.

Emeritus Professor
of Exercise and
Nutritional Sciences,
San Diego State
University



Comprehensive program includes:

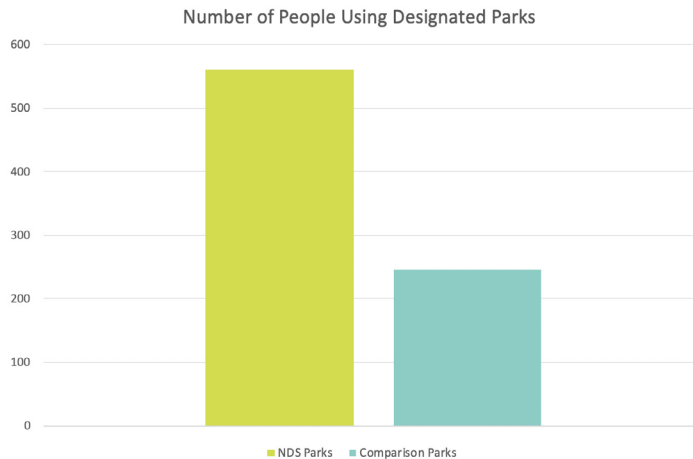
- ▶ 88 page educational/design resource, including:
 - History and benefits of outdoor fitness parks
 - Aligning equipment to total body fitness
 - Selecting an appropriate environment, design considerations, and standards
 - Marketing to user groups and diverse populations
 - Maintenance and sustainability
 - Programming to expand utilization
 - Evaluating and reporting outcomes
 - Ten best practice case study examples
- ▶ Professional development training module
- ▶ The Outdoor Adult Fitness Parks National Demonstration Site program, national recognition and data collection opportunities for sites that follow the best practice design guidelines and establish outdoor adult fitness parks in their community

"Outdoor Adult Fitness Parks can play a vital role in motivating people of all ages and levels of fitness toward achieving a healthier, more active and more productive life."

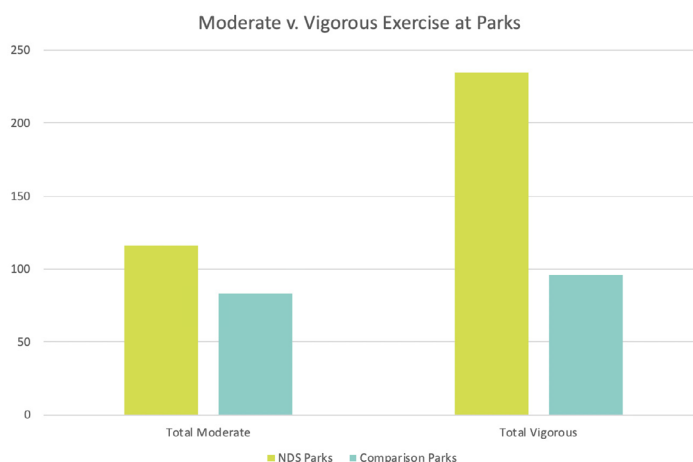
- Michael Suk

Chairman of Orthopaedic Surgery,
Geisinger Health System Danville, PA

RESEARCH



There were over twice as many park users at the NDS parks relative to the comparison parks.



The number of park users engaged in physical activities at each intensity level were observed through SOPARC scans. Within the NDS parks, 63% of park users were performing physical activities at a moderate or vigorous intensity during the SOPARC scans.

A study on six National Demonstration Sites conducted by the University of Tennessee at Chattanooga demonstrated additional benefits. The purpose of this study was to examine the impact of outdoor adult fitness parks (OFPs) within local parks by:

- Comparing the number of people using OFP's to the number who used comparable local parks without OFPs
- Comparing the physical activity level of park users in OFP and comparison parks
- Examine overall usage of OFPs in the OFP parks
- Examine intensity levels of exercise and user feedback

As a result, the research team discovered that there were over twice as many park users at the OFP parks relative to the comparison parks, and that the number of park users engaged in moderate to vigorous level activities there was 63%. Most importantly, the results show that maximum intensity levels can be achieved using either standard equipment found in an indoor fitness facility or outdoor fitness equipment for a variety of exercises. User reported data included, all users felt safe at the OFPs, and the majority used the equipment 15 minutes to one hour, daily to biweekly, to reduce stress and/or lose weight.

"As an orthopaedic surgeon, I have seen the benefits of physical exercise. The patients I see who exercise regularly are generally more happy and able to enjoy a more active lifestyle."

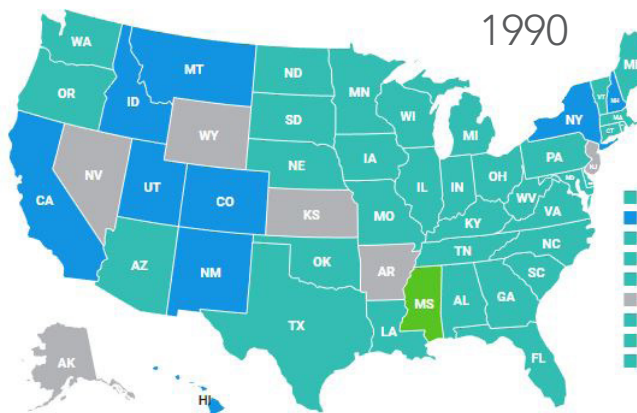
- Adam S. Bright, M.D.
Board Certified, Orthopaedic Surgery

An Innovative Way to “Provide Critical Health Solutions”

Research is proving that Outdoor Adult Fitness Parks are providing a variety of meaningful outcomes to communities including engaging participants in substantially more moderate to vigorous physical activity. Together we can effectively promote the benefits of parks and outdoor fitness spaces as critical health solutions, by reducing sedentary-related illnesses and removing the barriers to a life of fitness.

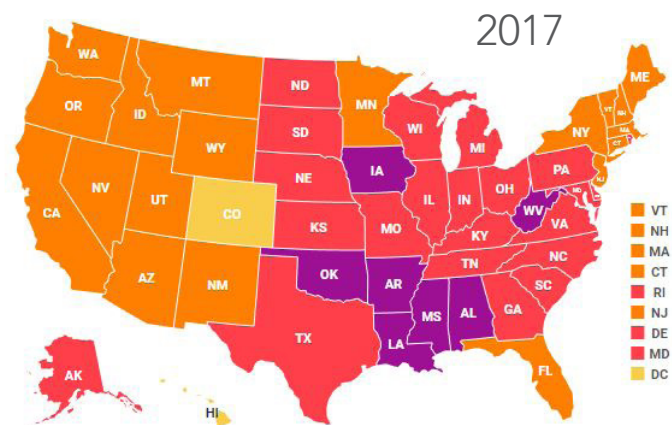
Percent of obese adults (Body Mass Index of 30+)

0 - 9.9% 10 - 14.9% 15 - 19.9% 20 - 24.9% 25 - 29.9% 30 - 34.9% 35%+



Percent of obese adults (Body Mass Index of 30+)

0 - 9.9% 10 - 14.9% 15 - 19.9% 20 - 24.9% 25 - 29.9% 30 - 34.9% 35%+



These two maps depict adult obesity trends in the U.S. from 1990 (left) to the 2017 (right) period, as reported by the Robert Wood Johnson Foundation.

Unique Benefits of Outdoor Adult Fitness Parks:

- Free to users, providing needed resources especially in underserved communities
- People who exercise outdoors are more likely to repeat the behavior
- People who exercise outdoors are more likely to engage in the activity longer than those who exercise indoors
- Provides a social outlet for exercise
- Can be enjoyed by people of all abilities and fitness levels
- Provides exposure to fresh air, nature, and sunlight, which increases important levels of vitamin D
- May encourage a greater number of people to exercise regularly than indoor options
- Offers Outdoor Adult Fitness Park owners an outlet for revenue generation through program agreements with certified personal trainers
- Acts as a catalyst to encourage the non-exercising population to engage
- Increases interest in related community services, such as nutrition education and health screenings
- Outdoor Adult Fitness Parks located within sight lines of a playground promote active behavior in adult family members, increase the time spent at the playground, and help promote the importance of lifelong fitness on children
- Promotes pride of place among neighborhoods where Outdoor Adult Fitness Parks are located
- May qualify for increased grant funding related to obesity prevention/reduction
- Increases community capital
- Promotes healthy behavior for families in age-appropriate settings

Design Considerations

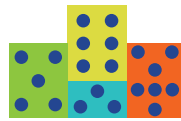
Outdoor Fitness Park Typologies

Fitness Cluster

- Arranged in circular or collaborative pattern
- Designed within a "use zone"
- Designed to avoid pass through traffic
- Encourages communication among users
- Accommodates exercise classes led by certified trainers



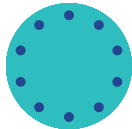
Semi Circle



Training Zones



Collaborative Cluster



Social Circles



Trail Cluster

Fitness Trails

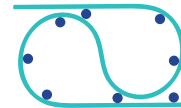
- Along a pathway network
- Incorporates additional cardiovascular exercise
- Measured space between equipment offers easy distance tracking for the user
- Focus: single or multiple exercises



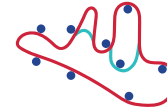
Challenge Course



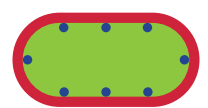
Straight Path



Double Loop



Freeform Trail



Running Track

Equipment Configuration

Spacing Within the overall typology, configuring the individual pieces of equipment is an important consideration in promoting participation, and will also depend on the ways you wish to engage the community for maximum usage.

Placement Users may bring friends to the Outdoor Adult Fitness Park, so configuring equipment to promote communication between them is an important consideration for use.

Sight Lines For Outdoor Adult Fitness Parks placed within sight of a playground, communication and sight lines are crucial.

Equipment and Signage Consider what fitness elements to include in order to support a well-rounded workout for the diverse users.

Standards to Help Ensure Safety and Usability There are standards in place that should be followed regarding safety, surfacing, and inclusion.

Designing for Diverse User Groups

In order to ensure your outdoor adult fitness park is useable by the greatest number of participants, it is important to consider the many user groups who may use the space.

Meeting with potential users in the community prior to design will help ensure the space is designed to promote highest use.

User Groups may include:

- Beginners
- Fitness enthusiasts
- Seniors
- Teens
- Users with disabilities
- Multilinguals
- Class groups
- Solo users

Total Body Fitness

Aligning Equipment and Exercises to Health Benefits and Total Body Fitness

In order to reap maximum health benefits, a fitness routine must contain a variety of elements, each offering specific results for overall health. By including equipment that offers a variety of aerobic, muscle/strength, core, balance, and flexibility elements, you can ensure your Outdoor Adult Fitness park provides a well-rounded fitness routine that promotes health improvement and wellness.



AEROBIC FITNESS

via cardio endurance activities



MUSCLE FITNESS

via strength, resistance, and endurance training



CORE FITNESS

via abdomen, lower back, and pelvic exercises



BALANCE TRAINING

to promote kinesthetic awareness



FLEXIBILITY TRAINING

to promote stability, coordination, range of motion

EQUIPMENT MATRIX			Aerobic	Muscle	Core	Balance	Flexibility
Cardio Walker/Elliptical	Cycle	Hand Cycle					
Strengthens lower body muscles while promoting muscular endurance & cardiorespiratory endurance • Abdominals • Hamstrings • Quadriceps • Gluteus Maximus	Strengthens lower body muscles while promoting muscular endurance & cardiorespiratory endurance • Abdominals • Calves • Quadriceps • Gluteus Maximus • Hamstrings	Strengthens upper body muscles • Biceps • Brachioradialis • Anterior Deltoid • Trapezius					
High Jump	Hurdles	Log Jump					
Strengthens lower body muscles, promotes muscular endurance & explosive power • Quadriceps • Adductors • Gluteus Maximus • Hamstrings	Strengthens lower body muscles, promotes muscular endurance & explosive power • Quadriceps • Adductors • Gluteus Maximus • Hamstrings	Strengthens lower body & core muscles while promoting muscular endurance & cardiorespiratory endurance • Abdominals • Erector Spinae • Hamstrings • Calves • Gluteus Maximus					
Step Up	Bench Dips	Leg Extension					
Strengthens lower body muscles and core, while promoting muscular endurance, cardiorespiratory endurance, and balance • Abdominals • Quadriceps • Hamstrings • Gluteus Maximus • Calves • Erector Spinae	Strengthens upper body & core muscles while promoting muscular endurance • Anterior Deltoid • Pectoralis Major • Triceps • Abdominals	Strengthens lower body muscles & core, while promoting muscular endurance • Quadriceps • Adductors • Calves • Hamstrings • Gluteus Maximus					

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Join the Movement!

Become a National Demonstration Site

- **Promote your leadership** through best practice principles that integrate outdoor adult fitness and healthy choices into your community
- Utilize available tools to **document and demonstrate outcomes** and community vitality
- Create **positive attention** and attract partners/funds that support healthy lifestyle initiatives
- Gain **national awareness** through various media outlets, press releases, collateral materials, and nationwide presentations
- Receive **award and signage** for serving as a model demonstration site

To learn more about creating Outdoor Adult Fitness Parks in your community, request a full copy of the *Outdoor Adult Fitness Parks* guidebook, or become a National Demonstration Site, please visit:

playcore.com/solutions/outdoor-adult-fitness

"Everyone who has had the opportunity to use the fitness stations has remarked that they utilize the park more because of the opportunity to exercise more parts of their body".

- Sandy Jenkins
Project Manager
City of San Antonio Parks

Agenda Information Memorandum
North St. Paul Parks and Recreation Commission
May 27, 2020

VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

B. Hause Park Tennis Court Resurfacing Quotes

ACTIONS TO BE CONSIDERED

Review and Discuss Tennis Court Quotes for Hause Park

FACTS

The PRC has discussed resurfacing the tennis courts at Hause Park. Attached are quotes for resurfacing of the tennis court at Hause Park.

Additionally, staff has included a sample bid for the (4) court battery at the McKnight sports complex.

ATTACHMENTS

Tennis West Quote

Tennis Court Doctor Quote

Bituminous Roadways Quote

Upper Midwest Athletic Construction Quote



Bituminous Roadways, Inc.

1520 Commerce Drive, Mendota Heights, MN 55120
Phone 651-686-7001 Fax 651-687-9857
Visit us at www.bitroads.com

To: NORTH ST PAUL Address: NORTH ST PAUL, MN	Contact: KEITH STACHOWSKI Phone: 651-747-2447 Fax:
Project Name: HAUSE PARK TENNIS COURT Project Location: 2616 4TH AVE, N ST PAUL, MN	Bid Number: Bid Date: 4/3/2020

Item Description

REMOVE & REPLACE TENNIS COURT 700 SY

- Open And Close Fence As Needed & Reset 6' Gate.
- Remove Old Net Post
- Excavate Existing Bituminous Surface To Accommodate A 3 Inch Pavement Section. Dispose Of Off Site.(as Close To The Fence As We Can Get.)
- Shape And Compact Existing Aggregate Base.
- Furnish And Install A 1.5 Inch (Compacted Thickness) MN/DOT 2360 Type SPNWB230B Bituminous Base Course.
- Furnish And Install A MN/DOT 2357 Bituminous Tack Coat.
- Furnish And Install A 1.5 Inch (Compacted Thickness) MN/DOT 2360 Type SPWEA240B Virgin Bituminous Wearing Course.
- Color Coat And Stripe-For Pickle Ball
- Restore Grass Are With Seed No Watering.

Total Price for above REMOVE & REPLACE TENNIS COURT 700 SY Items: \$40,000.00

Notes:

- All work to be completed in 2019.
- Proposed Work Does Not Include: Landscape Restoration, Irrigation Repair/Restoration, Private Utility Locates/Repairs, Sub-soil Corrections, Erosion Control, Towing Charges, Permits and Fees, Multiple Mobilizations, Surveying or any Unforeseen Conditions, Guarantee on drainage or ponding of water on lots with less than 1% slope.
- For more information: www.bitroads.com

Payment Terms:

This proposal is subject to credit approval and is valid for 15 calendar days, after which time price quotes may be withdrawn without notice. This quote is based on standard AGC subcontract language and shall become a rider to any contract.

Payments due net 30 days.

ACCEPTED: The above prices, specifications and conditions are satisfactory and are hereby accepted. Buyer: _____ Signature: _____ Date of Acceptance: _____	CONFIRMED: BITUMINOUS ROADWAYS, INC. - MENDOTA HEIGHTS Authorized Signature: _____ Estimator: Brian Johnson (651) 287-6055 johnsonb@bitroads.com
---	---



Serving Minnesota, Wisconsin, Iowa,
Nebraska, North Dakota, and South Dakota

3017 161st Ave NW, Andover, MN 55304
763-753-1127 – Phone
763-753-3619 – Fax
eric@umathleticconstruction.com

MN Contractors No. IR722325
IA Contractors No. C090307

March 27, 2020

City of North St. Paul
2400 Margaret St
North St. Paul, MN 55109

Attn: Keith Stachowski
651-747-2447
Keith.stachowski@northstpaul.org

We propose the following:

**Hause Park 2630 3rd Ave E
Single Tennis Court**

Base Bid – Tennis Court Color Coat System

1. Saw and remove existing hot pour rubber from cracks, dispose of off site
2. **Hydro blast** and rinse surface to remove loose paint and dirt, dispose of off site
3. Machine rout all existing cracks and clean with compressed air – **Approx. 325 LF**
4. Fill with crack patch binder to level of existing surface with multiple applications and grind smooth
5. Fill birdbaths deeper than 1/8" with crack patch binder to level of existing courts
6. Apply two coats of sand filled acrylic emulsion resurfacer
 - a. 8-10 lbs. silica sand added per gallon of concentrate material
 - b. Coverage: .05-.07 gallons per square yard per coat
7. Apply two coats of latex acrylic paint
 - a. **Color to be selected by owner**
 - b. 6 lbs. silica sand added per gallon of concentrate material
 - c. Coverage: .05 gallons per square yard per coat
8. Reline to USTA standards

Base Bid \$9,500

Alternate 1 – Armor Crack Repair System

All specifications above will remain the same and these will be added after step #4 in the base bid

1. Furnish and install Armor Crack Repair System to all prepared cracks – **Approx. 325 LF**
2. Apply a black acrylic resurfacer blending coat over entire Armor surface according to manufacturer's specifications
 - a. All cracks shall be covered and masked by the filler
3. Proceed to step #5 in base bid

ADD \$6,500

Alternate 2 – Net Posts and Tie Down Anchors

1. Remove net posts, tie downs, concrete footings and dispose of off site
2. Furnish and install new DTP-37 net posts and 1-5/8" tie downs
 - a. 4000PSI concrete net posts 18"x60" and tie downs 12"x36"

ADD \$2,500

Notes:

Standard 1-year material and workmanship warranty on acrylic color coating
No warranty on crack repairs from reappearing due to our climate and bituminous movement

Thank you,

Eric Hicks
Upper Midwest Athletic Construction, Inc.

Quotation

To: City of **North St. Paul**
2400 Margaret St.
No. St. Paul, Mn. 55109

From: **Finley Bros. Inc.**
d.b.a. **Tennis West**
P O Box 677
Hopkins, Mn. 55343
o.) 612-363-3004

Attn: Keith Stachowski
o.) 612-747-2447
e.) keith.stachowski@northstpaul.org

Re: "Resurfacing": a battery of four (4) acrylic/asphalt tennis courts
" **West Courts**" at **McKnight Park** Approx. 120' x 204'

Description of work: (as part of base bid)

Double Pressure wash courts. Treat for sap, mildew, moss and mold.
Grade turf at S.W. corner to allow for drainage.
Remove loose & delaminating acrylics. Manually scrape in three (3) directions.
Router cracks over 1/ 2 inch. (approx. 550 ln. ft.)
Clean and treat with a defoliant.
Fill with proprietary crack filler. Re -level and skin patch.
Note: do to the nature of structural cracks, there permanent repair
can not be guaranteed. Structural cracks will reflect.
Patch bird bath areas: max. one (1) application.
Apply slurry coat(s) to South back court area. 20' x 204' +/-
Apply a SS-1H wash coat to promote adhesion and penetrate voids.
Apply a (1) binder/filler coat (skin patch at cracks) . Black
Apply a (1) filler/texture coat. Black
Apply a (1) colored texture coat. Green
Apply a (1) colored finish coat. Green
Stripe: (4) tennis courts and four (4) pickleball courts
(Laykold Color Surface System Products.)

Total Base Bid \$ 23,000.00

Add Alt. Bid for two part urethane Laykold Crack Filler System
For 550 ln. ft. of structural cracks. Add \$ 5,500.00

Respectfully submitted, Raymond S. Finley
(3-31-20) c.) 612-363-3004
e.) rayfinley@qwestoffice.net

Estimate accepted: _____

Date: _____

Quotation

To: City of **North St. Paul**
2400 Margaret St.
No. St. Paul, Mn. 55109

From: **Finley Bros. Inc.**
d.b.a. **Tennis West**
P O Box 677
Hopkins, Mn. 55343
o.) 612-363-3004

Attn: Keith Stachowski
o.) 612-747-2447
e.) keith.stachowski@northstpaul.org

Re: "Resurfacing": a (1) acrylic/asphalt tennis court
at Hause Park Approx. 44' x 118'

Description of work : (as part of base bid)

Double Pressure wash courts. Treat for sap, mildew, moss and mold.
Grade turf at perimeter to allow for drainage.
Remove loose & delaminating acrylics. Manually scrape in three (3) directions.
Router cracks over 1/ 2 inch. (approx. 320 ln. ft.)
Clean and treat with a defoliant.
Fill with proprietary crack filler. Re -level and skin patch.
Note: do to the nature of structural cracks, there permanent repair
can not be guaranteed. Structural cracks will reflect.
Patch bird bath areas: max. one (1) application.
Apply slurry coat(s) to ease rough aged asphalt. 1,200 sq. ft. +/-
Apply a SS-1H wash coat to promote adhesion and penetrate voids.
Apply a (1) binder/filler coat (skin patch at cracks) . Black
Apply a (1) filler/texture coat. Black
Apply a (1) colored texture coat. Green
Apply a (1) colored finish coat. Green
Stripe: 1 tennis court and 2 pickleball courts
(Laykold Color Surface System Products.)

Total Base Bid \$ 8,000.00

Add Alt. Bid for two part urethane Laykold Crack Filler System
For 320 ln. ft. of structural cracks. Add \$ 3,200.00

Respectfully submitted, Raymond S. Finley
(3-31-20) c.) 612-363-3004
e.) rayfinley@qwestoffice.net

Estimate accepted: _____

Date: _____

Tennis Court Doctor

• tenniscourtdoctor@hotmail.com •

April 15, 2020

North Saint Paul – McKnight Fields Tennis Court Resurfacing

c/o Keith Stachowski - Parks & Recreation Coordinator

THE TENNIS COURT DOCTOR WILL FURNISH ALL MATERIALS, LABOR, AND APPLY OVER 35 YEARS WORTH OF RESURFACING EXPERIENCE TO DO THE FOLLOWING WORK ON THE WEST SET OF FOUR TENNIS COURTS LOCATED AT MCKNIGHT FIELDS (2308 10TH AVE EAST):

WE INSTALL 100% FULL ACRYLIC TENNIS COURT SURFACES
WE WILL NOT USE EMULSIONS OR BLENDED RESURFACER COATS

TENNIS COURT INSPECTION & PREPARATION:

- A. POWER WASH COMPLETE SURFACE WITH SURFACE CLEANERS**
 - OWNER TO PROVIDE WATER
- B. CLEAN & SEAL STRUCTURAL CRACKS**
 - ACRYLIC FILLER

ACRYLIC TENNIS COURT SURFACING SYSTEM INSTALLATION:

- A. APPLY TWO SAND-FILLED 100% ACRYLIC RESURFACER COATS OVER THE COURT SURFACE**
 - SPECIFICALLY DESIGNED TO BOND THE ACRYLIC COLOR COATING SYSTEM TO THE EXISTING SURFACE
- B. APPLY TWO ACRYLIC FINISH COLOR COATS OVER THE COURT SURFACE**
 - COLOR TO BE SELECTED BY OWNER
- C. TAPE & HAND PAINT PLAYING LINES TO REGULATION**
 - 4 - USTA TENNIS COURTS

BASE BID: **\$24,810⁰⁰**

- ALTERNATE 1 – INSTALL ARMOR CRACK REPAIR SYSTEM: ADD \$22⁰⁰ PER LF

SIGNATURE: _____ DATE: _____

- ❖ EXPIRATION – Proposals will remain valid for no more than 15 days unless signed/dated and returned.
- ❖ Existing structural cracks will re-open as hair line cracks due to asphalt shifting resulting from fluctuations in climate.

CORDIALLY,

RICHARD A. KUNZ
The Tennis Court Doctor

Tennis Court Doctor

• tenniscourtdoctor@hotmail.com •

April 15, 2020

North Saint Paul – House Park Tennis Court Resurfacing

c/o Keith Stachowski - Parks & Recreation Coordinator

THE TENNIS COURT DOCTOR WILL FURNISH ALL MATERIALS, LABOR, AND APPLY OVER 35 YEARS WORTH OF RESURFACING EXPERIENCE TO DO THE FOLLOWING WORK ON THE SINGLE TENNIS COURT LOCATED AT HOUSE PARK (2616 4 TH AVE. EAST):

WE INSTALL 100% FULL ACRYLIC TENNIS COURT SURFACES
WE WILL NOT USE EMULSIONS OR BLENDED RESURFACER COATS

TENNIS COURT INSPECTION & PREPARATION:

A. POWER WASH COMPLETE SURFACE WITH SURFACE CLEANERS

➤ OWNER TO PROVIDE WATER

B. CLEAN & SEAL STRUCTURAL CRACKS

➤ ACRYLIC FILLER

ACRYLIC TENNIS COURT SURFACING SYSTEM INSTALLATION:

A. APPLY TWO SAND-FILLED 100% ACRYLIC RESURFACER COATS OVER THE COURT SURFACE

➤ SPECIFICALLY DESIGNED TO BOND THE ACRYLIC COLOR COATING SYSTEM TO THE EXISTING SURFACE

B. APPLY TWO ACRYLIC FINISH COLOR COATS OVER THE COURT SURFACE

➤ COLOR TO BE SELECTED BY OWNER

C. TAPE & HAND PAINT PLAYING LINES TO REGULATION

➤ 1 - USTA TENNIS COURTS

BASE BID: **\$7,900⁰⁰**

➤ ALTERNATE 1 – INSTALL ARMOR CRACK REPAIR SYSTEM: ADD \$22⁰⁰ PER LF

➤ ALTERNATE 2 – REPLACE EXISTING NET POSTS: ADD \$2,400⁰⁰

SIGNATURE: _____ DATE: _____

- ❖ EXPIRATION – Proposals will remain valid for no more than 15 days unless signed/dated and returned.
- ❖ Existing structural cracks will re-open as hair line cracks due to asphalt shifting resulting from fluctuations in climate.
- ❖ The last company to resurface the court used inferior emulsion material for the base coat which peels over time and has resulted in the existing surface damage. The above proposal represents a cost-effective approach at confronting the existing surface damage. That said, the existing surface may “reflect through” or “bubble under” the new color coating.

CORDIALLY,

RICHARD A. KUNZ
The Tennis Court Doctor

Agenda Information Memorandum
North St. Paul Parks and Recreation Commission
May 27, 2020

VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

C. Future Park and Recreation Meeting Discussion

ACTIONS TO BE CONSIDERED

Locations of Future Parks and Recreation Monthly meetings

FACTS

With the treat of COVID-19 adjustments may need to be made to safely hold PRC meeting

ATTACHMENTS

2020 PRC Calendar update

	Date	Location	Time	Day
Fire and Ice	January 3rd 2020	Hause Park	5-8 PM	Friday
January PRC Regular Meeting	January 22nd 2020	NSP City Hall	6:30 - 8PM	Wednesday
February PRC Regular Meeting	February 26th 2020	NSP City Hall	6:30 - 8PM	Wednesday
March PRC Regular Meeting	March 25th 2020	NSP City Hall	6:30 - 8PM	Wednesday
Spring Egg Bonanza	April 11th 2020	Casey Lake Park	10 - 11:30 AM	Saturday
Spring Park Cleanup	April 18th 2020	North High School	9 - Noon	Saturday
———— Rainout date	April 25th 2020			
April PRC Regular Meeting	April 22nd 2020	ZOOM	6:30 - 8PM	Wednesday
Southwood Earth Day cleanup	April 25th 2020	Southwood	9- Noon	Saturday
Tree Adoption	May 1st 2020	Home Delivered	7- 2 PM	Friday
May PRC Regular Meeting	May 27th 2020	ZOOM	6:30 - 8PM	Wednesday
Mustard Pull	Summe r2020	Southwood	TBD	
June Music in the Park	June 18th 2020	CANCELLED	7-8:30 PM	Thursday
June PRC Community Meeting	June 24th 2020	Southwood Pending	6-6:30 PM	Wednesday
June PRC regular Meeting	June 24th 2020	Southwood Pending	6:30 - 8PM	Wednesday
Silver Lake Splash	July 19th 2020	CANCELLED	1-5 PM	Sunday
July PRC Regular Meeting	July 22nd 2020	Hause Park	6:30 - 8PM	Wednesday
Food Truck Night	July 22nd 2020	Hause Park	6-8 PM	Wednesday
July Music in the Park	July 23rd 2020	Casey Lake Park	7-8:30 PM	Thursday
August Music in the Park	August 13th 2020	Casey Lake Park	6-7:30 PM	Thursday
August PRC Community Meeting	August 25th 2020	Rotary Park	6-6:30 PM	Wednesday
August PRC regular Meeting	August 25th 2020	Rotary Park	6:30 - 8PM	Wednesday
September PRC Regular Meeting	September 23rd 2020	NSP City Hall	6:30 - 8PM	Wednesday
StatWatch	October 6th 2020	Casey Lake Park	7-9 PM	Tuesday
Trick or Treat Trail	October 24th 2020	Casey Lake Park	2-4 PM	Saturday
October PRC Regular Meeting	October 28th 2020	NSP City Hall	6:30 - 8PM	Wednesday
Fall Work Day	October 10th, 2020	Southwood	9-Noon	Saturday
Volunteer Appreciation	November	Casey Lake Park	6-8 PM	Wednesday
November PRC Regular Meeting	November 18th 2020	NSP City Hall	6:30 - 8PM	Wednesday
PRC Holiday get Together	December	Casey Lake Park	6-8 PM	Weekday

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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

D. SILVER LAKE BEACH – OPENING DATE AND LIFEGUARD SCHEDULE

ACTION TO BE CONSIDERED

Discuss the Silver Lake 2020 Beach Opening Date and Lifeguard schedule

FACTS

The lifeguards in the past have been scheduled at Silver Lake Beach Saturday, June 13th to Sunday, August 16th. Lifeguards are on site seven days per week from 12-7 p.m.

ATTACHMENTS

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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

E. 2020 POLAR EXPLORERS PROGRAM PLANNING

ACTIONS TO BE CONSIDERED

Update on the Polar Explorer Summer Recreation Programming / Collaboration with ISD622 for the summer 2020

FACTS:

Discuss upcoming programming in NSP Parks. Programs are in collaboration with ISD622. For 2020

Polar Explorers

People of all ages can come to join us as we spend Tuesday mornings in the parks! Each participant will be given a Polar explorer passport, collect a stamp from each session and turn your completed passport into a free Polar Explorer hat.

ATTACHMENTS

I.D.S. 622 Flyer



Calling all explorers!

Polar Explorers is back again this summer with another round of adventures! For a \$10 “subscription” fee, you’ll receive two family-sized kits—one in June and one in July—loaded with supplies to keep your little explorers on the move. The activities are ideal for children in Pre K through 3rd grade, but the whole family is welcome to join the adventure!

Movin’ and Groovin’

JUNE KIT

Features supplies from frisbees to pool noodles to keep everyone active with creative games and crafts

Available for pick up:
June 10, 9:00-11:00 am
at Beaver Lake Center, Cowern Elementary, or
Skyview Elementary

Nature Explorers

JULY KIT

Has everything you need to learn about the critters big and small that live in the world around us

Available for pick up:
July 15, 9:00-11:00 am
at Beaver Lake Center, Cowern Elementary, or
Skyview Elementary

Supplies are limited—register early to reserve your kits!

\$10 per family

Register online at www.isd622.ce.eleyo.com or call **651-748-7442**



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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

F. PRC GOALS FOR 2020

ACTIONS TO BE CONSIDERED

To discuss goals and strategy for 2020 PRC goals

FACTS

- ☐ Update the Park Improvement Plan.
- ☐ Complete playground project at Polar Parks.
- ☐ Research new signage options for the Parks.
- ☐ Research path options at Northwood Park, to increase connectivity and access from the playground to the street and discuss construction of a new building at Northwood Park
- ☐ Research amenity options for Southwood Nature Preserve.
- ☐ Review options for Hause Park and McKnight Tennis Court Area
- ☐ Research options for a dog park

ATTACHMENTS

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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

G. 2020 PARKS IMPROVEMENT PLAN UPDATE

ACTIONS TO BE CONSIDERED

To discuss the updates made to the 2019 Park Plan

FACTS

Review current Park Improvement Parks, implement comments from Commission members

ATTACHMENTS

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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

H. SUMMER CONCERT UPDATES

ACTIONS TO BE CONSIDERED

Summer Concert Series at Casey Lake Park

FACTS

The first concert of the season on June 18th, Brio Brass has been cancelled Due to COVID-19

Listed below are the upcoming concerts:

July 23 Matt and Laurel 7:00 – 8:30 PM

August 13 MT Pockets 6:00 – 7:30 PM

ATTACHMENTS

Music in the Park Flyer

2020 CASEY LAKE PARK, NORTH ST PAUL

MUSIC IN THE PARK

JUNE 18

7-8:30 PM

BRIO BRASS
(50 PIECE BRASS BAND)

JULY 23

7-8:30 PM

MATT & LAUREL
(TOP 40 ACOUSTIC COVER SONGS)

AUGUST 13

6-7:30 PM

MT POCKETS
(VARIETY OF FUN COVERS)

SPONSORED BY...



**Free Concert Series
@ Casey Lake Park
Pavilion in North St Paul**

Sandberg Funeral & Cremation Services

2593 E. 7th Avenue, North St. Paul, MN 55109 ☎ 651-777-2600

Our Family Serving Yours Since 1942

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VII. COMMISSION BUSINESS ACTION ITEMS & RECOMMENDATIONS

I. Silver Lake Tennis Court Bench Purchase

ACTIONS TO BE CONSIDERED

To Purchase two benches for the newly resurfaced Silver Lake Tennis Courts

FACTS

Follow up on the discussion whether or not to purchase two park benches to be installed at the Silver Lake Tennis Courts

ATTACHMENTS

Diversified Metal Fabricators Bench Quote

Diversified Metal Fabricators

1500 S. 169 Hwy
Smithville, Mo 64089

PHONE: (816) 532-0352
FAX: (816) 532-3982
Web Site: DMFInc.com



Quote No.: 29681

Customer No.: MNMNORTHS001

EXPIRATION DATE: 08/17/20

Quote To: **CITY OF NORTH ST PAUL**
KEITH STACHOWSKI
2303 NORTH SAINT PAUL DRIVE
NORTH SAINT PAUL, MN 55109

Ship To: **CITY OF NORTH ST PAUL**
C/O KEITH STACHOWSKI
2303 NORTH SAINT PAUL DRIVE
NORTH SAINT PAUL, MN 55109

PHONE: (651) 747-2447 FAX: (651) 747-2445

Date		Ship Via		F.O.B.		Terms	
05/19/20		SAIA MOTOR FREIGHT		Origin		NET 30	
Purchase Order Number			Sales Person				
N. ST. PAUL, MN			Kevin McEvoy				
Quantity			Item Number	Description	Unit Price	Amount	
Required	Shipped	B.O.					

2	ES63	LOCKER RM BENCH, 6',PORTABLE Frame BLUE / Vinyl BLUE	250.00	500.00
			Quote Subtotal	500.00
			Freight Charges	225.00
			Quote Total	725.00

APPROVED BY: _____ **DATE:** _____

UNLESS LISTED, QUOTE DOES NOT INCLUDE DELIVERY SERVICES, SUCH AS LIFTGATE OR INSIDE DELIVERY.

Thank You

INVOICES NOT PAID WITHIN TERMS WILL BE ASSESSED A LATE CHARGE OF 1.5% PER MONTH (18% PER YEAR).

MINIMUM FINANCE CHARGE OF \$5.00.

Vinyl Colors		
BEIGE	BLACK	BLUE
BROWN	BURGUNDY	GRAY
HUNTER GREEN	PARK GREEN	RED

Frame Colors		
BEIGE	BLACK	BLUE
BROWN	BURGUNDY	GALVANIZED (+\$50)
GRAY	HUNTER GREEN	PARK GREEN
RED	WHITE	YELLOW

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VIII. REPORTS FROM STAFF

A. BUDGET: MARCH UPDATE

FACTS

From the January 1, 2020 budget report to April 30, 2020, listed below are the Park Fund expenditures and revenues:

Park Fund Expenditures (April): \$ 1,000.00 (Park Rental Refunds)

Park Fund Revenue (April): \$205.00

- Park Rental Fees \$0.00 (April)
- Donations \$30.00 (Utility Billing)
- Canoe Rentals \$175.00

Fund Balance as of 4/30/2020: \$243,446.01

The unclaimed Park Fund balance is (Fund Balance – Approved/Recommended Expenditures): \$219,648.36

Budget expenditures that have been approved for 2018:

\$11,310.00 Polar Park Updates (\$14,000 Budget so far \$2,690 has been spent)

Budget Expenditures that have been approved for 2019:

\$11,580.00 Silver Lake Tennis Courts (\$55,500 budget, \$43,920 spent)

\$ 796.00 Park Plan for Polar Park (\$2000 budget, \$1,204.00 spent)

\$ 111.65 Eagle Scout Donation (\$300 budget, 188.35 spent)

\$12,487.65

Budget Expenditures for 2020:

\$ 6,500.00 Southwood Nature Preserve

\$ 2,000.00 Youth Recreation Programming

\$ 2,000.00 Movie in Park

\$ 2,000.00 Concerts in Park

\$ 000.00 Egg Hunt

\$ 500.00 Star Watch

\$ 400.00 Trick or Treat Trail

\$ 200.00 Fire and Ice

\$ 200.00 Food Truck Night

\$ 00.00 Park Clean Up

\$13,800.00

Park Dedication Fund Balance: \$117,642.11

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VIII. REPORTS FROM STAFF

B. Reopening of Park Play Equipment

FACTS

The City of North Saint Paul officially reopened all city Park Play Equipment on Saturday May 16th

ATTACHMENTS

Park notification signs

OPEN FOR USE

City of North Saint Paul Parks Are Open For Use.
Be Advised That The Amenities Are Not Sanitized.
Restrooms Are Open And Cleaned Daily.

- No Social Gatherings of More Than 10 People.
- Continue Social Distancing of 6 Feet or More.
- Wash Your Hands Often.
- Face Masks Are Recommended In Public



NORTH ST. PAUL
extraordinary 651-747-2411

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VIII. REPORTS FROM STAFF

C. Silver Lake 19th Ave Trail

FACTS

The Trail along the South Shore of Silver Lake paving project was completed May 8, 2020

ATTACHMENTS

Trail pictures





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VIII. REPORTS FROM STAFF

D. Silver Lake Tennis Court Project completed

FACTS

The Silver Lake Tennis court resurfacing project was completed May 18, 2020

ATTACHMENTS

Tennis court pictures







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VIII. REPORTS FROM STAFF

E. Casey Lake Building Protective wall covering

FACTS

North St. Paul Public Work Staff is Installing protective wall sheeting, window and door trim (8) feet around the entire main room at the Casey Lake Building

ATTACHMENTS

Casey wall covering pictures







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VIII. REPORTS FROM STAFF

F. Silver Lake Improvement Association Earth Day clean-up event

FACTS

Silver Lake Improvement Association coordinated the Silver Lake Earth day Clean-up event
April 18-21, 2020

ATTACHMENTS

Casey wall covering pictures

Silver Lake Annual Cleanup

Week of April 18-25

Coincides with Earth Day's 50th Anniversary on April 22!!

- Week long event vs. 1-day due to social distancing
- Key Activities
 - Shoreline cleanup: All public shorelines
 - Hot spots: Southeast corner, South Shore
 - Wade in a few feet where needed
 - Trash Pick up between HWY120 and Silver Lake
 - Trash pick up in the parks
- Notes & Tips
 - Practice Social Distancing
 - Wear gloves and use your walking stick for junk in lake
 - Fill a "Target" bag on your daily walk!!!

From: sharyn long [<mailto:sharyn.long@comcast.net>]
Sent: Tuesday, April 28, 2020 9:32 AM
To: Keith Stachowski <Keith.Stachowski@northstpaul.org>
Subject: RE: Silver lake Shoreline clean-up

Caution: This email originated outside our organization; please use caution.

Hello Keith,

The Lake Cleanup , April 18-25, Social Distanced, appeared to be well received by the neighborhood community. Mark and I estimated that about 70 people participated..based on supplies that were procured from our front yard and visual evidence of the neighborhood at the end of the week. We were lookin good!

Hotspots for clean up were the southern public areas around the lake, and land near Joy Park and Century Ave. as suggested by the SLIA. I believe that you have the attachment by our new SLIA president Paul Nichol , which was the "seed" for this event.

All the clean-up was done individually (or in families) . Signs advertising the event were posted by the Silver Lake Beach and pier. Joyce Gerschied notified neighbors of the event via Facebook, Email and 17th website. We had plenty of announcement coverage.

Thanks, Keith, to you and the city for your support, gloves, bags and sign.
You are always so helpful.

Many of us have heartwarming stories to tell reflecting on 2020 Cleanup Event.

Regards,
Mark and Sherry Long